
A STUDY ON MARITAL ADJUSTMENT AMONG FEMALE TEACHERS IN MADURAI DISTRICT

¹C. Meenakshi

Abstract

Teacher form the crux of the education system preparing the young people to build their nation with purpose responsibility and confront the challenges of tomorrow. Due to stressful and busy schedule of female teachers they need martial adjustment. This study was done to find out the level of marital adjustment of female teachers in Madurai district. The investigator adopted the normative survey method for this study. The Sample consisting of 300 female teacher from Madurai district were taken. The self made tool which was validated tool by the investigators, consists of 41 items was used. The result indicated that the level of marital adjustment is found to be higher and there is no significant difference in mean scores of marital adjustment among female teachers of government and private schools. There is significant difference in mean scores of marital adjustment among female teachers of age above 35 years and age below 35 years of government schools. Also there is no significant difference in mean scores of marital adjustment among female teachers of joint and nuclear families.

Introduction

Teacher form the crux of the education system preparing the young people to build their nation with purpose responsibility and confront the challenges of tomorrow. The success of an educational institution depends on the quality of teacher. In fact no system of education can rise above the level of its teacher. His influence is confined not only to a particular region of state but it also extends to the whole nation or even outside it. He has little attachment to other family members. Due to stressful and busy schedule of female teachers the child is deprived of its mother's affection. Her children grow under immense pressure and insecurity. Due to occupational stress a teacher cannot spend valuable time with her husband; this creates dissatisfaction among female teacher which then affects her teaching; if there is proper balance between her marital life and occupation she can easily handle all the problems related to life and she can enjoy all comforts of life.

Need for the Study

Adjustment means to live successfully and happily in the society. Every member of the society has to adjust, according to the demands of the society in which he or she lives. An individual can get his or her needs fulfilled only in the society. It is the society which comes to their help. Adjustment brings satisfaction in one's life. Adjustment has its great importance in every period of life. The investigator has studied various investigations related to this problem and decided to study the problem stated as "**Marital Adjustment among female teachers in Madurai District**".

Background of the Study

As a teacher educator, we should aware on the relationship between Marital Adjustment and Occupational Stress. Teacher form the crux of the education system preparing the young people to build their nation with purpose, responsibility and confront the challenges of tomorrow. In ancient India, teacher was given the status next to god. The stress relating to teaching job is becoming a predominated feature of teacher's modern life exerting far-reaching effects on teacher's behaviour. Due to stressful and busy schedule of female teachers the child is deprived of its mother's affection. Due to occupational stress a teacher cannot spend valuable time with her husband, this creates dissatisfaction among female teacher which then affects her teaching balance between her marital life and occupation she can easily handle all the problems related to life and she can enjoy all comforts of life.

¹ Assistant Professor in Education, St. Justin's College of Education, Madurai

Variables of the Study

Dependent Variable: Marital Adjustment

Population Variable: Types of Institution (Govt/SF), Family type (J/N), Female teachers of age below 35 years, Female teachers of age above 35 years.

Objectives

1. To study the marital adjustment of female teachers.
2. To find out the difference in mean scores of marital adjustment among female teachers of government and private schools.
3. To find out the difference in mean scores of marital adjustment among female teachers of age below 35 years and age above 35 years of government schools.
4. To find out the difference in mean scores of marital adjustment among female teachers of age above 35 years and age below 35 years of private schools.
5. To find out the difference in mean scores of marital adjustment among female teachers of joint families and nuclear families.

Hypotheses

1. The level of marital adjustment of female teachers is high.
2. There is significant difference in mean scores of marital adjustment among female teachers of government and private schools.
3. There is significant difference in mean scores of marital adjustment among female teachers of age below 35 years and age above 35 years of government schools.
4. There is significant difference in mean scores of marital adjustment among female teachers of age below 35 years and age above 35 years of private schools.
5. There is significant difference in mean scores of marital adjustment among female teachers of joint and nuclear families.

Methodology

The investigator adopted the normative survey method for this study. The Sample consisting of 300 female teachers were selected from government and private schools from Madurai district were taken.

Tool Construction Marital adjustment questionnaire prepared and validated by the investigator was used. The tool consists of 41 items .Each item has 5 alternatives such as, strongly agree, Agree, Undecided, Disagree and strongly disagree. The maximum and minimum score of marital adjustment inventory is 205 and 41 respectively

Statistical treatment

Mean Standard deviation and t-test

Analysis and Interpretation

H1: The level of marital adjustment is high among female teachers.

Table.1 The level of marital adjustment among female teachers

Variable	No. of teachers (N)	Theoretical Mean	Calculated Mean
Female teachers	300	123	157.59

Having analyzed the data the calculated mean score of female teachers on the level of marital adjustment is 157.59 which are found to be higher. Marital adjustment is necessary for every female. Without marital adjustment, no one can lead a peaceful life. Hence the marital adjustment of female teachers is high is accepted.

H2: There is significant difference in mean scores of marital adjustment among female teachers of government and private schools.

Table.2 The level of marital adjustment among female teachers based on type of school

Variable	Sub Variables	N	Mean	S.D.	't' Value	Level of Significant 0.05 level
Female teachers	Government	138	156.88	13.8	0.82	No Significant
	Private	162	158.12	12.3		

Result

The obtained 't' value 0.82 is lower than the table value of 1.96 at 0.05 level of significant. It shows that there is no significant difference in mean scores of marital adjustment among female teachers of government and private schools. Marital adjustment is common for every married female whether they are working in government or private schools.

H3: There is significant difference in mean scores of marital adjustment among female teachers of age above 35 years and age below 35 years of government schools.

Table.3 The level of marital adjustment among female teachers of government schools based on age group

Variable	Sub Variables	N	Mean	S.D.	't' Value	Level of Significant 0.05 level
Government female teachers	Age above 35 years	71	157	14.62	3.29	Significant
	Age below 35 years	67	165	13.96		

Result

The obtained 't' value 3.29 is higher than the table value 1.96 at 0.05 level of significant. It shows that there is significant difference in mean scores of marital adjustment among female teachers of age above 35 years and age below 35 years of government schools.

Every human being may get more adjustments when they face more and more problems. Because of long living together with their mate, teachers who have age above 35 years may have more adjustments. People who have age below 35 years may enter into marriage life later when compare with people who have age above 35 years.

H4: There is significant difference in mean scores of marital adjustment among female teachers of age above 35 years and age below 35 years of private schools.

Table.4 The level of marital adjustment among female teachers of private schools based on age group

Variable	Sub Variables	N	Mean	S.D.	't' Value	Level of Significant at 0.05 level
Private school female teachers	Age above 35 years	55	157.87	14.38	0.172	No Significant
	Age below 35 years	107	158.25	11.04		

Result

The obtained 't' value 0.172 is lower than the table value 1.96 at 0.05 level of significant. Hence the null hypothesis is accepted and research hypothesis is rejected. It shows that there is no significant difference in mean scores of marital adjustment among female teachers of age above 35 years and age below 35 years of private schools.

H5: There is significant difference in mean scores of marital adjustment among female teachers of joint and nuclear families.

Table.5 The level of marital adjustment among female teachers based on type of family

Variable	Sub Variables	N	Mean	S.D.	't' Value	Level of Significant at 0.05 level
Female teachers	Joint	116	157.28	13.63	0.34	No Significant
	Nuclear	184	156.69	16.6		

Result

The obtained 't' value 0.34 is lower than the table value 1.96 at 0.05 level of significant. Hence the null hypothesis is accepted and research hypothesis is rejected. It shows that there is no significant difference in mean scores of marital adjustment among female teachers of joint and nuclear families.

Educational Implications

1. The results of the study help in guidance and counselling for workers to develop a healthy marital adjustment.
2. Necessary actions may be taken up to reduce the extent of high occupational stress.
3. Guidance should be given to raise the extent of low marital adjustment to the normal peaceful life of the teachers.

Delimitation of the Study

The study involves four population variables only. There may be many more variables associated with marital adjustment. This way it is a delimitation of the study. The data were collected from the Madurai district only. This is another delimitation of this study. The data were collected only from female teachers.

Conclusion

Thus, the investigator concluded with the importance of marital adjustment among the female teachers to achieve higher in their professional life. They have to be emotionally well-being and accept what it may be in life. Never have the fixed protocol on their marital environment is very much needed in today's state. Life is to live not to worry.

References

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